

Educational Coaching

St. Louis Learning Disabilities Association offers a wide range of programs and services to achieve targeted solutions for each student.

We strive to provide them support through educational programs that facilitate academic growth. We work with students, with and without educational diagnoses, ages three through college, in a variety of formats.

Education, support and consultation are provided to students, parents, and professionals to help students maximize their potential. Our educational consultants are certified in special education and general education. They have extensive backgrounds in working in the classroom setting and in teacher/parent education.

Learn



Develop



Achieve!



St. Louis Learning Disabilities Association, Inc.

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The educational coaching program at the St. Louis Learning Disabilities Association is a one-on-one mentoring program that primarily teaches high-school and/or college students strategies for success based on their individual needs, but younger students can also benefit. The LDA staff can help your student learn how to successfully complete assignments, manage their course load, and handle the stressors of each grade level—especially high school and college.

During the individualized sessions, specific goals are developed with input from a student as well as the LDA coach. Possible goals could include identifying strengths and needs related to academics, advocacy, organization, and study skills. Students will be taught strategies to help them successfully manage the increasing demands of high-school and college. Strategies may address the areas of:

- Self-advocacy
- Managing time
- Prioritizing tasks
- Utilizing learning styles
- Note taking
- Reading and highlighting
- Pre-writing, writing, and editing
- Study skills
- Test-taking
- Keeping materials organized

A typical individualized session may include review of the previous week's assignments and grades, planning and prioritizing for upcoming and long-term tasks, applying study skill strategies to assignments, and problem-solving discussions regarding classes and/or teachers. The frequency and duration of the sessions are based on the student's needs. Typically, students start by coming twice a week and may taper off to just once a week or twice a month to maintain the skills learned.

Please contact us at **314.966.3088** for more details.



Mission statement

Children need hope, understanding and compassion to learn and reach their full potential. The St. Louis Learning Disabilities Association helps children by giving them the education and support necessary to be successful.